

This lockdown it's ok to ask for help



If you need a food parcel then contact Cheltenham Foodbank on 01242 570080.

Parcel collections:

Weds, 11-3pm, Cheltenham Foodbank and

Fri, 11- 3pm, St. Paul's Church

Food donations to the Cheltenham Foodbank on Thursday 9.30-3pm during lockdown.

SPTM

Big Local

#ReduceWaste sessions held twice weekly!

Mondays 9.15-10.30am at Gas Green youth and community centre, and Wednesdays 9.15-10.30am at The Big Local Stadium

Sessions are open to anyone and items are FREE.



Springbank Pantry

Membership is open to anyone in Springbank and the surrounding area who is on a low income and struggling to pay bills.

Our pantry aims to help your money stretch that little bit further. Membership is £3.50 per week and for this you can choose items with an average total value of £15, plus free fruit and veg and bread.

Booking form can be found on the Springbank Community Group FB page, @SpringbankCG

#FeedCheltenham vouchers

If COVID times are causing financial difficulties and you need a #FeedCheltenham supermarket voucher please contact sarah@familyspace.org.uk.

Please give details of numbers of children and adults in the household as well as the reason you need a voucher.



CCP Community Pantry

Open Weds, Thurs & Fri 9am-3pm

Current or new members can visit to collect shopping or nominate a person on their behalf. If you are shielding or have any queries, please contact Sarah on 07395 789667 or email foodshare@ccp.org.uk

Donations - If you would like to donate please contact Sarah on 07395789667 to confirm a convenient time



Cornerstone Cupboard

Open Thursday 10.30-3.30 serving Whaddon, Lynworth and Priors.

To refer yourself or others phone 01242 777777 or email manager@cornerstonecentre.org.uk



How can you help during lockdown?



Over the coming months local food providers anticipate they will be supporting a great many families who are struggling due to the impact of Covid-19.

What can you do to help?

- Volunteer?
 - Donate money?
 - Donate food or meals?
 - Pass this message on to others?
- Get in touch with
sarah@familyspace.org.uk



Food donations

During lockdown donations of food and essential items (such as toiletries, nappies etc) can be made to the Cheltenham Elim Foodbank on Thursdays 9.30-3pm

For more information or to ask how to give help or get help then please email sarah on sarah@familyspace.org.uk



Spread the word

Please help us share this information far and wide so we can support as many people as possible across Cheltenham during lockdown

#FeedCheltenham vouchers

To help us supply supermarket vouchers to families in need, and support other food provision organisations, Cheltenham-wide please donate www.crowdfunder.co.uk/feedcheltenham



CCP Community Pantry

Open Weds, Thurs & Fri 9am-3pm

CCP Pantry are always grateful for donations, these can be left safely at our Pantry, 340 High Street, GL50 3JF between 12-4pm on Mondays and Tuesdays

Please contact Sarah on 07395 789667 to confirm a convenient time



Food Donations can be dropped off on a Thursday or by prior arrangement Mon-Fri

Contact details:

manager@cornerstonecentre.org.uk

Telephone: 01242 777777

The Cornerstone Centre, Severn Road, Cheltenham, GL52 5QA

